

Fourth China Platelet Day In 20th, March 2019

Wholeheartedly gather the power of love to improve quality of life in patients.

Daddy, shall we leave the hospital in a minute and play with my friends? Asked by a cute daughter. After hearing his daughter's innocent words, the child's father's tears blur the line of sight. He could not tell his daughter that he received a critically ill notice of her from the hospital, because the cute daughter had immune thrombocytopenia.

It is one of the stories from the book <Different perspectives between doctors and patients about Immune thrombocytopenia>., which is a new book launched in Fourth China Platelet Day in 20th, March 2019. Many of the people in the book are like this girl, who has Immune thrombocytopenia.

The Fourth China Platelet Day was cohosted by Bethune Charitable Foundation, Beijing Bethune Charitable Foundation and ITP Home. Zhongshan Hospital affiliated to Fudan University organized it in Shanghai. Ms. Tongfei Meng, the initiator of China Platelet Day, founder of ITP HOME, and Mr. Hang Gao led more than 50 Bethune volunteers planned this activity, and participated in all the work.

Moreover, leaders of the Bethune Charitable Foundation, Mr. Jia Fan, academician of Chinese Academy of Sciences and director of Zhongshan Hospital affiliated to Fudan University, Mr. Changgeng Ruan academician of Jiangsu Institute of Hematology, Mr. Jianxiang Wang, vice director of Hematology and Blood Diseases Hospital, Chinese Academy of Medical Sciences, and more than 50 hematology experts from home and abroad attended the activity also, and expressed their support for public welfare.



Ms. Tongfei Meng, the initiator of China Platelet Day, founder of ITP HOME expressed her gratitude to the guests on behalf of the patients, and reported the progress of the public welfare activities of "China Platelet Day" and "Blood-related Charity Campaign of China" in 2018. She told us the activity theme is wholeheartedly gather the power of love to improve quality of life in patients, so as to let the patient have a medical treatment and a nourishing heart. As a bridge of communication between doctors and patients, ITP Home should unite the power of love from all walks of life, innovative service mode and make unremitting efforts to improve the quality of patients' families.



Mr.Zonghe Yu, honorary vice presidents of Bethune Charitable Foundation and Beijing Bethune Charitable Foundation made a speech that over the years, the Bethune Charitable Foundation has carried out various forms of public welfare activities in the field of medical and health care. Volunteer experts spread across all over the country and leave extensively social influence, which has been well received by all sectors of society. The Bethune Charitable Foundation hopes to join hands with more caring experts who are willing to carry forward the spirit of Bethune. Under the banner of Bethune and on the platform of Bethune public welfare and charity, the charitable foundation will practice the spirit of Bethune, do more good deeds and practical things, benefit more patients and benefit grassroots patients.



Mr.Jia Fan,academician of Chinese Academy of Sciences and director of Zhongshan Hospital affiliated to Fudan University said the original intention of the China Platelet Day is to call on all sectors of society to understand and attach importance to platelet-related diseases and provide care and assistance for patients with thrombocytopenia.As a group of doctors, in order to better inherit and carry forward the great spirit of Bethune and solve the suffering of patients caused by the disease, we are willing to devote our exquisite medical skills and professional spirit to the public welfare of thrombocytopenia, improve the clinical treatment effect and patients' health level, and make ITP patients return to normal life.



Mr. Jianxiang Wang, vice director of Hematology and Blood Diseases Hospital, Chinese Academy of Medical Sciences held the lecture on special topics in the academic exchange activity on 17th, March 2019. He introduced the basic knowledge of the diagnosis and treatment of thrombocytopenia, including the causes of thrombocytopenia, hemostasis mechanism, basic treatment methods and the latest clinical research.





Besides, professor Renchi Yan, professor Peng Liu, professor Xiaowen Zhai, professor Jun Shi introduced ITP, myeloma, ITP in children, AA and MDS separately. Professor Zeping Zhou, professor Jie Jin, professor Runhui Wu and professor Yongqiang Zhao were guest host. The wonderful speeches from experts made the patients have a clearer understanding of the disease.



Professor Renchi Yang & Zeiping Zhou



Professor Peng Liu & Jie Jin.



Professor Runhui Wu & Professor Xiaowen Zhai



Professor Jun Shi & Professor Yongqiang Zhao

Ms. Juanjuan Zhang, secretary-general of Bethune Charitable Foundation, announced the new members of the blood diseases committee and children's group of Bethune Charitable Foundation and issued certificates. Together with more than 20 medical experts, she launched a series of public welfare activities of Blood-related Charity Campaign of China in 2019. This year's Blood-related Charity Campaign of China will travel to 17 cities across China, which is expected to benefit more than 4,000 patients.



Professor Xiaofan Zhu from Hematology and Blood Diseases Hospital, Chinese Academy of Medical Sciences shared her experience of participating in the activities of doctors and patients on China Platelet Day for many years.

Yongqiang Zhao from Peking Union Medical College Hospital placed his hopes on the Blood-related Charity Campaign of China.



Another important link in this activity is the new book launch< Different perspectives between doctors and patients about Immune thrombocytopenia>. Professor Renchi Yang, director of thrombus and hemostasis diagnosis and treatment center in Hematology and Blood Diseases Hospital, Chinese Academy of Medical Sciences introduced a lot about the new book. He said this book embodied the joint efforts of hematologists, ITP Home and patients with thrombocytopenia. Also, the book brings the stories of 27 patients from different regions, and truly reproduces the process of patients with thrombocytopenia from hesitation to be strong and optimistic when fighting against thrombocytopenia.



There is a doctor's guide to ITP behind every story in the book. It makes every patient with thrombocytopenia can find their own patients experience. It is hoped that the book can encourage more patients to face the disease calmly, and carry out standard treatment actively, so that the positive energy of the book can promote them to have the confidence to overcome the disease.

In addition, traditional Chinese medicine symposia was arranged specially in this activity. Professor Yuhong Zhou from Zhejiang Provincial Hospital of TCM, professor Yongming Zhou from Shanghai Yueyang Integrated Traditional Chinese Medicine and Western Medicine Hospital, professor Da Lee from Guangdong Provincial Hospital of TCM, professor Ruirong Xu from the Affiliated Hospital of Shandong Unverity of TCM, explained the traditional Chinese medicine treatment of various blood diseases, how to combine traditional Chinese medicine with western medicine, and the daily nursing knowledge of patients with blood diseases, and answered questions on site for patients.





In the "patient-centered" summit forum, the leaders of the foundation, representatives of enterprises and experts discussed the topic of "how to get patients' smile", and the representatives of enterprises answered the questions about how to control the quality of drugs and how to ensure the public welfare and benefits.

In the link of Round Table Discussion and Ask The Expert, the role of patient education in the process of diagnosis and treatment was discussed by Mr.Hang Gao, professor Ruirong Xu, professor Jun Shi, professor Zheng Wei, professor Beihua Zhou and professor Mei Zeng.



Subsequently, leaders of the foundation and guests presented certificates for the outstanding volunteer representatives in 2018. Also, volunteer representative Ms. Yanru Cai shared her experience of growing up from the parents of her child to Bethune Charitable Foundation.

The young volunteers from ITP HOME also presented their hand-painted paintings and calligraphy works to the experts on the scene to express their gratitude to them.



In the activity of large-scale free clinic and zero distance communication between doctors and patients on 16th, March 2019, experts had face-to-face communication with more than 500 patients who came to the site, and the atmosphere was very warm. Different from outpatient clinic, there was no sense of distance between doctors and patients in free clinic and zero distance communication between doctors and patients. All people can communicate, consult and speak freely just like friends.







Free clinic & Salon

At the end of this activity, ITP Home gave the “Caring hemostasis bag”.

The “Caring hemostasis bag” includes Yunnan BaiYa powder, Yunan band-aids, oculentum aureomycin, glass thermometers, cooling gel, cotton swabs, medical bandage, surgical tapes, LIRCON Iodine disinfectant, tourniquet, medical absorbent cotton, Child protective shield



March 20 is Chinese platelet day. In 2014, it was initiated by Ms. Tongfei Meng, founder of the ITP Home, and Mr. Hang Gao. In 2016, ITP Home launched the first "China Platelet Day public welfare activities" with the support of the medical community, foundation and public welfare organizations. Over the past few years, good-hearted doctors and volunteers have traveled to more than 20 cities in China, spreading the knowledge of platelet-related diseases and daily nursing knowledge to patients and their families all over the country.

At present, the blood disease brings great mental and economic pressure to patients and their families. By carrying out face-to-face exchanges with hematology experts in various regions of China, patient education, free clinics and other forms of public welfare, promote the blood disease

diagnosis and treatment level, make the patients get timely and correct guidance in diagnosis and treatment. At the same time, volunteer service team from Bethune Charitable Foundation builds a bridge for doctor-patient communication, alleviates doctor-patient conflicts, and acts as a doctor's assistant to help patients improve their awareness of diseases and compliance, so as to improve the prognosis of patients, build up confidence on treatment and improve the quality of life in patients.